## **HEALTHCARE SOLUTIONS FOR YOU AND YOUR FAMILY**

With this full-range of innovative and valuable healthcare services and benefits, get the healthcare access you and your family needs. All memberships include immediate family members at no additional cost.

#### **DOCTORS BY PHONE**

A national network of board certified physicians providing consultations via telephone or video online, free of charge, 24 hours a day, 365 days a year. Physicians discuss symptoms, diagnose many common conditions, prescribe and phone in medications to your local pharmacy when appropriate. Doctors by Phone services save time and money by avoiding unnecessary doctor's office, urgent care or ER visits. FREE SMARTPHONE APP

## **DOCTORS ONLINE**

24/7/365 access to web-based answers to medical questions from an expert team of board certified physicians, dentists, pharmacists, psychologists, dieticians and physical trainers. FREE SMARTPHONE APP

### NURSELINE™

24-hour toll-free access to information from experienced, registered nurses plus online health information on more than 1,200 topics.

## **DENTAL CARE**

Save 15% to 50%\* in most instances on general dentistry, x-rays, filling and cleaning, plus root canals, crowns, orthodontia and periodontics at over 125,500\*\* dental practice locations.

\*Actual costs and savings vary by provider, service and geographical area.

\*\*According to the Aetna Enterprise Provider Database as of November 2012.

# **PHARMACY**

Save 10% to 85% on most medications. Accepted at over 60,000 retail pharmacies. FREE SMARTPHONE APP

#### **VISION CARE**

Save 20% to 60% on eyewear at over 14,000 locations. Save 10% to 30% on eye exams at select locations. Save 40% to 50% off the national average for LASIK surgery. Save 10% to 40% on replacement contact lenses through the mail order service.

## **CHIROPRACTIC**

Save with free initial consultation, 50% off diagnostic services and 30% off treatment and most other services.

### **LAB TESTING**

Receive 10% to 80% off usual charges for blood tests and all other lab testing.

Not available in ND, MA, MD, NJ, NY or RI

### **MRI & CT SCANS**

Receive discounts of 50% to 75% off usual charges for MRI and CT procedures while utilizing credentialed radiology providers.

# **ALTERNATIVE MEDICINE**

Save 10% to 30% on acupuncture, mind-body, yoga, massage therapy, acupressure, reflexology, aromatherapy, holistic medicine, nutritional counseling and more at over 40,000 providers.

## **COUNSELING**

24-hour, toll free access to certified counselors to help deal with personal or family related problems.

## MEDICAL HEALTH ADVISOR™

Members call toll-free and talk to their Personal Health Advocate who works with them to resolve healthcare and insurance issues.

## MEDICAL BILL SAVER™

Lower out-of-pocket costs on medical bills not covered by insurance. Advocates will work with healthcare providers and attempt to lower the balance on any uncovered medical or dental bill over \$400.00.

### **MEDICAL TRAVEL ASSISTANCE**

Access a worldwide network of medical and travel assistance personnel and emergency evacuation benefits when suffering illness or injury over 100 miles from home.

# **DIABETIC CARE SUPPLIES**

Many different product packages designed for everyday testing are priced from \$29.99/month to \$169.99/month, 60% off competitors' retail prices.

# **WELLNESS ONLINE**

Members have access to an interactive website with individual home fitness programs, health risk assessments, guidance on nutrition, weight loss and exercise and more.

# **VITAMINS**

Save up to 80% on retail vitamins and nutritional supplements. Choose from over 400 brands and 12,000 items in stock and enjoy savings of 10% on already low prices. Members can place orders online or toll-free by phone.

# **ROADSIDE ASSISTANCE**

Get service on disablement on tire change, battery service, lost keys/unlock, gas delivery, collision assistance, parts delivery and parts installation plus up to 15 miles towing. (Up to \$80 retail value)